

Catholic in Action Log May
Confirmation Candidates
Due to Formation Office: June 1, 2022

What does it mean to be a practicing Catholic? Catholics perform the Corporal and Spiritual Works of Mercy. They read from the Bible and pray both alone and with others. Catholics pray the Rosary and go to Eucharistic Adoration. They go to church on vacation and visit holy places like shrines, cathedrals and basilicas. And they do these things in community: with other people!

Your Catholic in Action Log is your way of keeping track of all the things that you are doing that make you Catholic. Doing these things will help you grow as a Catholic and help to deepen your faith!

You must do each of these things once, but I encourage you to do them as often as possible. Please note that you can double your points if you do these things with your sponsor! Candidates for Confirmation should accumulate **between 40 and 50 points per month**.

Please note, when performing service, please try to choose things that you might want to continue after Confirmation is completed. Your goal is to find a way that you can be an active member of the Church after you receive Confirmation.

Corporal Works of Mercy- 10 points per hour (Double this if you organized the outing!)

- Feed the Hungry _____
- Give Drink to the Thirsty _____
- Clothe the Naked _____
- Visit the Imprisoned _____
- Shelter the Homeless _____
- Care for the Sick _____
- Bury the Dead _____

Spiritual Works of Mercy- 10 points per hour (Double this if you organized the outing!)

- Help Sinners _____
- Teach the Ignorant _____
- Give Advice to the Doubtful _____
- Comfort Those Who Suffer _____

Be Patient with Others	_____
Forgive Injuries	_____
Pray for the Living and the Dead	_____
Pray the Rosary	_____ by yourself (3 points)
	_____ with friends/family (6 points)
	_____ with the Parish (9 points)
Attend Eucharistic Adoration	_____ 5 points (minimum of 20 minutes)
Read from the Bible	_____ 3 points (minimum of one chapter)
Visit another parish	_____ List the parish name (5 points)
	_____ Add two points for bringing the bulletin to Mrs. Birmingham at 40 E Burlington!
Visit a Basilica	_____ List the Basilica name (7 points)
	_____ Add two points for bringing the bulletin to Mrs. Birmingham at 40 E Burlington!
Visit a Cathedral	_____ List the Cathedral name (10 points)
	_____ Add two points for bringing the bulletin to Mrs. Birmingham at 40 E Burlington!
Visit a Shrine or Other Holy Place	_____ Name of place (8 points)
Random Acts of Kindness	_____ 1 point for each act
	_____ Total for May