

Readings for the week of January 18, 2026

Sunday:

Is 49:3, 5-6/Ps 40:2 and 4, 7-8, 8-9, 10/
1 Cor 1:1-3/Jn 1:29-34

Monday:

1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and
23/Mk 2:18-22

Tuesday:

1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/
Mk 2:23-28

Wednesday:

1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2,
9-10/Mk 3:1-6

Thursday:

1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-
11, 12-13/Mk 3:7-12

Friday:

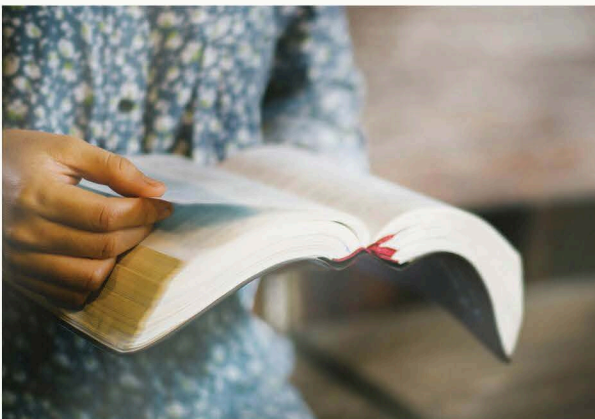
1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/
Mk 3:13-19

Saturday:

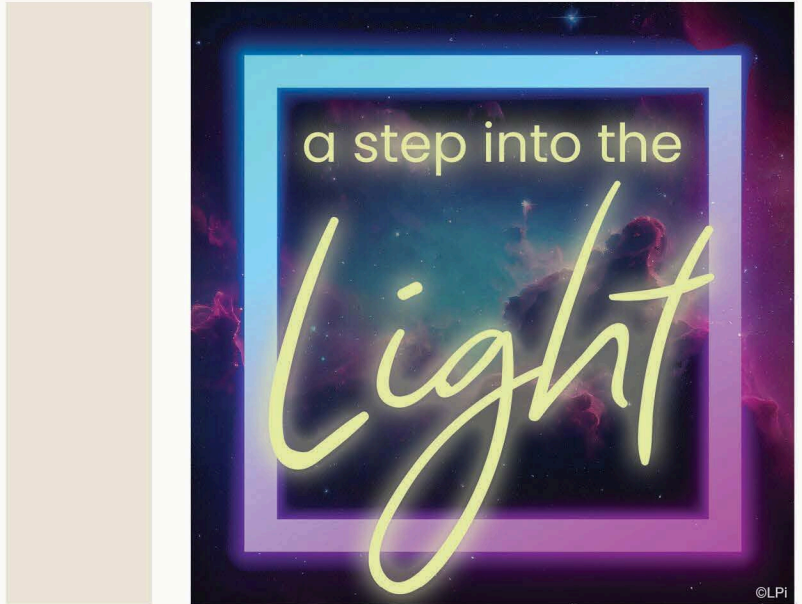
2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/
Mk 3:20-21

Next Sunday:

Is 8:23-9:3/Ps 27:1, 4, 13-14/1 Cor 1:10-13,
17/Mt 4:12-23 or 4:12-17



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Gospel Meditation

Encourage Deeper Understanding of Scripture

It's common to hear belief in Jesus and the Church mocked as blind faith and credulity. But in reality, it is deeply human and rational. Think about it: we rely on the testimony of others constantly. I trust chemists who certify the safety of toothpaste and cleaning products. I trust engineers when I use a microwave or drive over a bridge. Why? Because they have studied and seen what I have not, and their testimony proves itself in daily life. That kind of trust is not irrational; it is how human knowledge works.

In today's Gospel, John the Baptist declares: **“Now I have seen and testified that he is the Son of God” (John 1:34).** That is the language of an eyewitness. It invites us into a very human act: trusting someone who has directly encountered something — or Someone — we have not yet fully seen ourselves.

The Church's faith is built on this kind of reliable sight-based testimony. The Apostles did not make abstract claims. They saw, followed, suffered for, and proclaimed Jesus Christ. Over centuries, their witness — carried in Scripture, in the lives of the saints, and in the sacramental life of the Church — has proven dependable. We come to know its truth by assenting to it, by living and studying it, praying with it, trusting it.

Faith in Christ is not a childish leap into the dark. It is a step into the light of testimony that proves itself over time.

— *Father John Muir*

(PRACTICING) CATHOLIC

Mini Reflection: John the Baptist recognizes Jesus when he sees him, though there is nothing extraordinary-looking about him. This is how Jesus comes to us today: veiled in the ordinary. He is in the people who are easiest to miss, the easiest to ignore, the easiest from whom it is to turn away.

Behold the Lamb

“Behold the Lamb of God, who takes away the sin of the world.”

Be honest. When the priest or deacon read this line from the Gospel today, did your brain finish it with: “Blessed are those who are called to the supper of the Lamb”? (Mine did. And then I almost blurted out: “Lord, I am not worthy that you should enter under my roof, but only say the word and my soul will be healed.” Because it’s Sunday morning, and I’m tired.)

We hear the words of John the Baptist every Sunday in the *Agnus Dei*. If you have been Catholic since childhood, the words of this rite are probably ingrained in your memory, like a groove worn across a wooden floor by the scratching of an often-used chair. That’s the beautiful thing about our liturgy: it gets inside of you, and it doesn’t leave. I’ve never met a Catholic, however long-fallen-away, who did not recall the responses of the Mass.

When the priest says or chants the *Agnus Dei*, he is showing us the Host — the most ordinary-looking thing you ever did see. Nothing interesting about it whatsoever. Nothing that would make a person give it a second glance.

John the Baptist recognizes Jesus when he sees him, though there is nothing extraordinary-looking about him. There is nothing that would make a person give Jesus a second glance, if that person expected redemption to come in a loud, aggressive show of power.

And this is how Jesus comes to us today: veiled in the ordinary. He is in the people who are easiest to miss, the easiest to ignore, the easiest from whom it is to turn away.

Consider what the world could look like, if an instinct to love and reverence those people were as deeply ingrained in us as the beautiful words so easily on our lips: “Lord, I am not worthy that you should enter under my roof, but only say the word and my soul will be healed.”

— Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

How many times a day can a person receive communion?

Answer:

To find an answer to this question, we need to turn to the Church’s Code of Canon Law. Here we read, “One who has received the blessed Eucharist may receive it again on the same day only within a Eucharistic celebration in which that person participates ...” (no. 917). This tells us that the standard answer would be that we can receive communion twice in a day.

Having said that, we also want to be sure that we pay attention to the entire instruction. The phrase “within a Eucharistic celebration in which that person participates” is important. It means a) that we always have to think of receiving communion as being within a celebration of the Mass and b) we have to be participants in that celebration – we can’t simply show up “in time” for communion.

So, when would this rule apply?

For example, if you attend Mass on a Saturday morning and then take part in the Sunday Vigil Mass on Saturday evening, you could licitly receive communion at both celebrations. Or, another example, if you receive communion at a wedding or funeral Mass, you could also receive communion at a daily Mass or Sunday Vigil celebrated on the same day. We always want to be sure that we observe the rules for fasting from food and drink before receiving the eucharist (see Code of Canon Law, no. 919).

We should also remember that the Code of Canon Law instructs that anyone who is in danger of death or seriously ill may also receive communion a second time (no. 91, §2).

Weekly Prayer

Sunday's Readings

First Reading:

I will make you a light to the nations,
that my salvation may reach to the ends of the earth.
(Is 49:6)

Psalm:

Here am I, Lord; I come to do your will. (Ps 40)

Second Reading:

Grace to you and peace from God our Father
and the Lord Jesus Christ. (1 Cor 1:3)

Gospel:

John the Baptist saw Jesus coming toward him and said,
"Behold, the Lamb of God, who takes away the sin of the
world." (Jn 1:29)

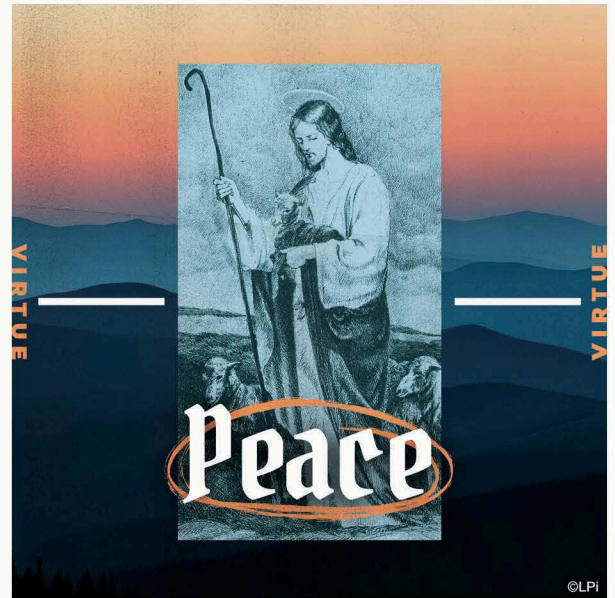
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Live The Liturgy Inspiration of the Week

Do we recognize Christ when we see him? Do we have the courage to point him out, to show others who he is? John cried out so the whole world could hear: "He is the Son of God." Always and everywhere, let us do the same.

Observances for the week of January 18, 2026

- Sunday:** 2nd Sunday in Ordinary Time
- Monday:** Martin Luther King Day
- Tuesday:** St. Fabian, Pope and Martyr;
St. Sebastian, Martyr
- Wednesday:** St. Agnes, Virgin and Martyr
- Thursday:** Day of Prayer for the Legal Protection of
Unborn Children
- Friday:** St. Vincent, Deacon and Martyr;
St. Marianne Cope, Virgin
- Saturday:** St. Francis de Sales, Bishop and Doctor of the
Church
- Next Sunday:** 3rd Sunday in Ordinary Time;
Celebrate Catholic Schools Week



Virtues, Explained!

Our modern Catholic understanding of peace is derived from the Hebrew concept of *shalom*, or wholeness, and refers not just to an absence of violence but to a personal reconciliation with one's Creator.

Blessing of the Beloved

Dear God,
Bless and anoint us today. You are
our Father and guide.
Remind us of our identity in You:
loved, called, and equipped for
mission.
Bless us as we journey, giving us
strength for each day and grace
in each step.
Amen.

John the Baptist saw Jesus coming toward him and said, “Behold, the Lamb of God, who takes away the sin of the world. He is the one of whom I said, ‘A man is coming after me who ranks ahead of me because he existed before me.’” - Jn 1:29-30

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Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading:

Isaiah teaches that God chose Israel to reveal His glory and bring salvation to the world. Why do you think God uses people to do His will?

Second Reading:

Paul opens his letter to the Corinthians with a plea for unity and holiness of all believers. Where do you see your faith community unified and holy?

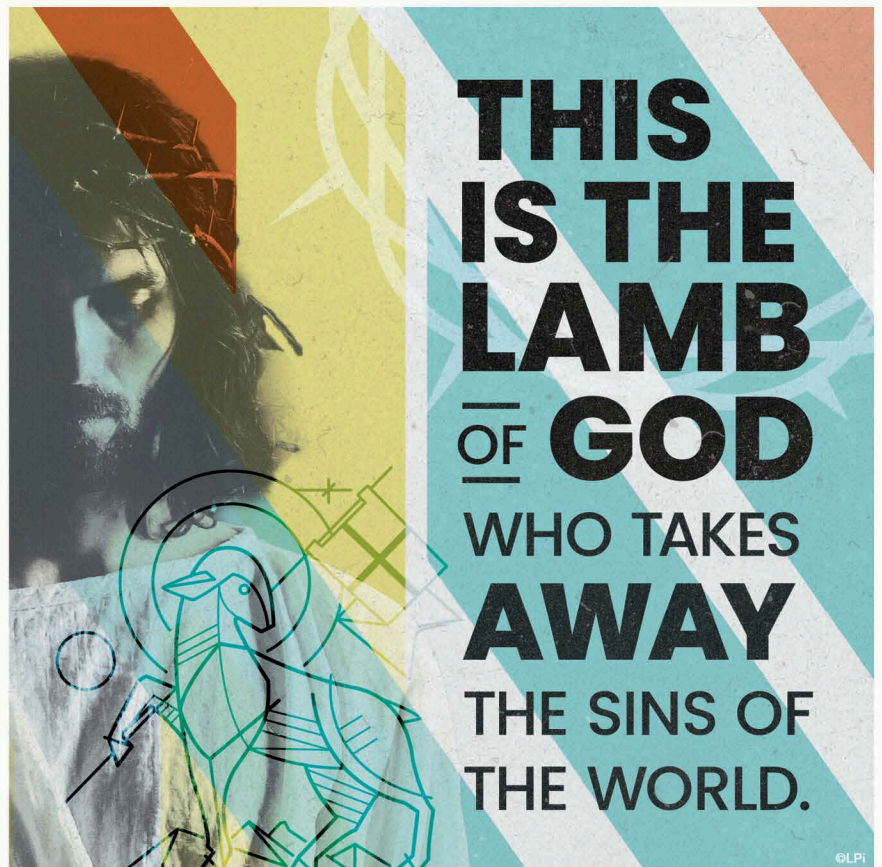
Gospel:

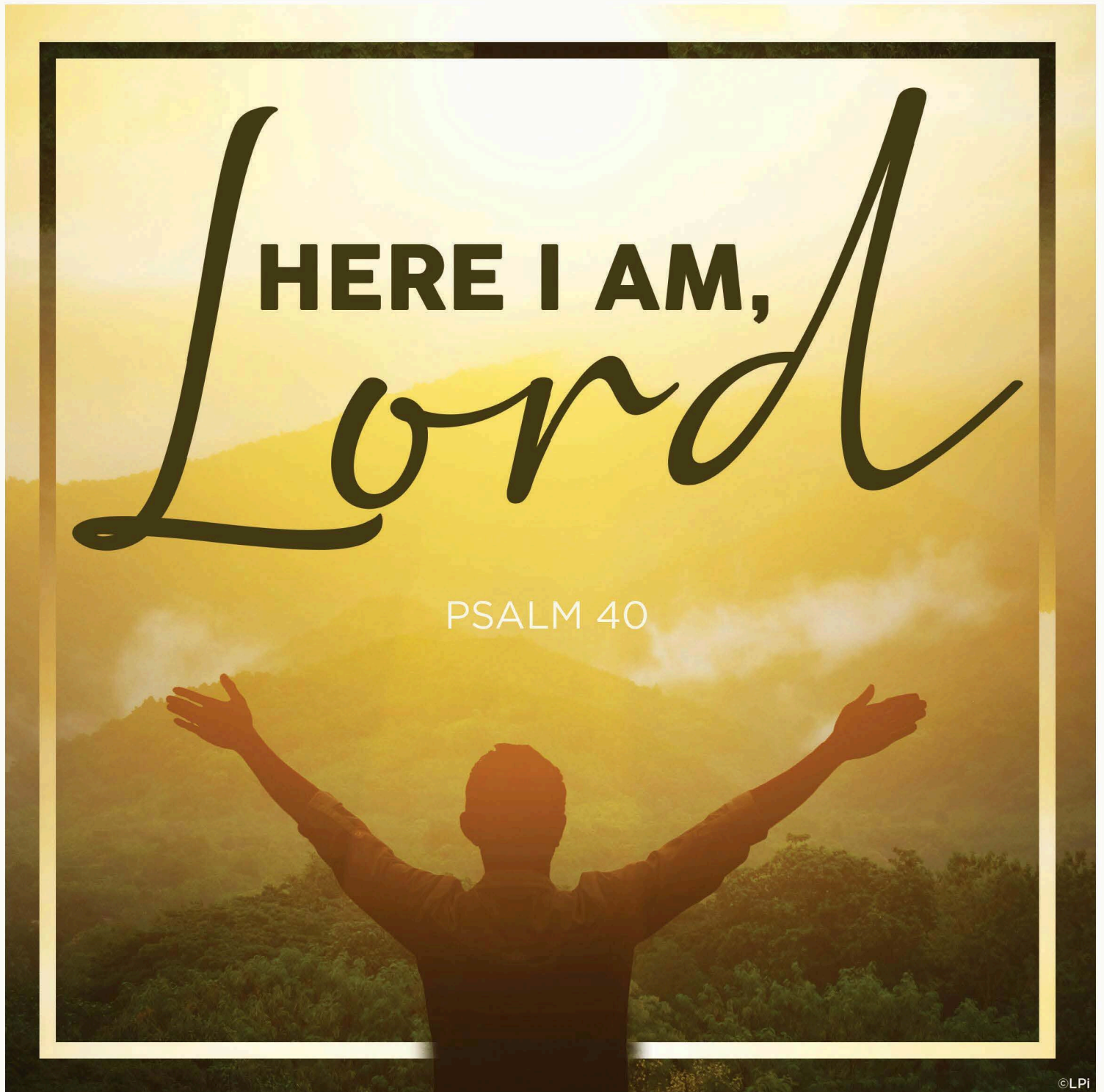
John the Baptist testifies to others that Jesus is the Son of God who will baptize with the Holy Spirit. With whom do you talk about Jesus?



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John testified further, saying, "I saw the Spirit come down like a dove from heaven and remain upon him. I did not know him, but the one who sent me to baptize with water told me, 'On whomever you see the Spirit come down and remain, he is the one who will baptize with the Holy Spirit.' Now I have seen and testified that he is the Son of God." - Jn 1:32-34

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