



### Learn about healthy relationships

[Is your relationship a healthy one? Take our quiz | love is respect](#)

Everyone deserves to be in a safe and healthy relationship. Do you know if your relationship is healthy?



### Is your teen in an abusive relationship?

Every teen deserves to be surrounded by people that are healthy, supportive, and most importantly, safe. If your teen is in a relationship with someone who is hurting them emotionally or physically, it's important that they know that they do not deserve to be treated that way, nor are they to blame.

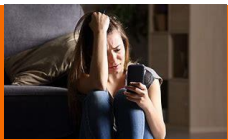
[What You Can Do if You Think Your Teen Is in an Abusive Relationship | ACOG](#)



### Learn about abuse.

Dating abuse is a pattern of coercive, intimidating, or manipulative behaviors used to exert power and control over a partner.

[Types of abuse - love is respect](#)



### How to help a friend

So, your friend is going through a hardship. True friendship means that you find a way to support them.

[3 Ways to Help and Support a Friend Through Any Hardship - wikiHow](#)

## Campus Safety

Schools should be a safe place to learn and every student should be able to go to school free from harassment, abuse, or discrimination. If people are making school a dangerous environment for you, efforts to assert your rights may only be recognized as legitimate if done through your school's specified abuse policy.

[Safety planning after abuse - Campus safety - love is respect](#)



## Youth Suicide

Has someone you love ever said “I won’t be a problem for you much longer” during an argument or fight?



## What can I do about an abusive relationship

Most of the time, relationships are fun, exciting, and healthy, and they make us feel good about ourselves. Sometimes, however, these relationships can be unhealthy and can be harmful to you or other people involved.

[For Teens: Abusive Relationships and What To Do About Them | HealthyPlace](#)



## Digital abuse

Digital abuse is a growing form of abuse which can include unwanted, repeated calls or text messages, privacy violations such as breaking into email or social networking accounts, and pressure to send nude or private pictures or video

[Decreasing Teen Dating Violence Online | That's Not Cool \(thatsnotcool.com\)](#)